

# MANUAL HANDLING

## TLID1001: Shift Materials Safely Using Handling Methods



### Course Objective

This unit involves the skills and knowledge required to shift loads safely using manual handling methods. Work must be carried out in compliance with the relevant work health and safety regulations concerning the manual handling and movement of loads.

The unit includes assessing the risk associated with relocating the load, planning the relocation process and carrying out the relocation in accordance with the plant.

Work is performed under supervision generally within a team environment.

### Course Outcome

On successful completion of this course students will be issued with a statement of attainment.

### Course Content

- assess risks associated with relocating load
- plan load relocation
- relocate load

### Course Prerequisites

- ability to use and understand English

17 White Road  
Gepps Cross SA 5094

T: (08) 8360 2379

E: [training@natwidepersonnel.com.au](mailto:training@natwidepersonnel.com.au)

W: [www.natwidepersonnel.com.au](http://www.natwidepersonnel.com.au)





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### Methods of Assessment may include

- Questioning
- Observation
- Demonstration
- Portfolio
- Practical assessment
- Verbal and written assessment
- Online assessment



### Course Duration

- 4 – 6 hours

### Course Intake Dates (Note minimum class sizes apply)

- Rolling intakes
- Course can be delivered on-site

### Course Venue

Natwide Training Centre  
17 White Road  
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Delivery on-site at nominated workplace for full course and assessment

E: [training@natwidepersonnel.com.au](mailto:training@natwidepersonnel.com.au)

### Course Investment

- \$100.00
- \$ 75.00 online (assessment only)

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